



Assistant Coach - Mount Vernon Bulldog Lacrosse - High School Varsity Lacrosse

Job Description (Part-time)

January 2025

Start Date: February 2025

Location: Mount Vernon, WA

Closing Date: Until filled

Salary Range: Depends on experience

Position Summary: The Boys Varsity Assistant Coach is expected to provide effective leadership and create a positive learning environment for the players within our program. The assistant coach will develop and implement practice plans in consultation with the Varsity Head Coach to develop individual skills and team concepts. The Assistant Coach will effectively communicate expectations with players. The Assistant Coach is expected to model commitment by being at all practices and games.

Preferred Qualifications:

- Previous coach at high school, and/or collegiate level
- Expertise in coaching defensive techniques and strategies to promote the program's defensive scheme.
- Previous playing experience at high school, and/or college level
- Current, or willing to obtain, required training to be a certified coach (First Aid/CPR, etc.)
 - Effective coaching techniques for developing the whole student-athlete

Job Responsibilities:

- Uphold, support, and enforce all aspects of the Mount Vernon Bulldog Lacrosse Code of Conduct
- Build positive relationships with athletes, families, and community
- Take guidance from the Varsity Head Coach and program board members
- Execute practice plans, coach games, practices, and tournaments
- Comply with WHSBLA requirements and standards
- Assist in supervision of all high school boys lacrosse athletes during team activities
- Participate in special activities associated with Spring Season and open coaching periods
- Maintain open communication with Head Coach and Skagit Valley Flyer Board
- Commitment to attend all practices and games (5-6 days per week)

Mount Vernon Bulldog Lacrosse Mission: To build a highly successful Lacrosse program with student athletes who demonstrate **Discipline, Optimism, Grit** and a **Selfless** attitude, while serving as a source of PRIDE for our Families, School, and Community.

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