Maximum 4 Quarters (1 contest) per day

Contest is defined as:

- 1) Combined 4 quarters against one or more opponents on same day
- 2) Combined 4 quarters against same program (different levels Varsity vs Sub-Varsity) on different days same week.

Scenario A:

On Monday, #29 for Issaquah plays in 2 quarters against Mercer Island JV and 2 quarters against Mercer Island Varsity.

RULING: Legal – 1 contest

Scenario B:

On Monday, #29 for Issaquah plays in 3 quarters against Mercer Island JV and 2 quarters against Mercer Island Varsity.

RULING: ILLEGAL – 5 quarters in one day – Varsity contest may be ruled as forfeit, Coach may face suspension

Scenario C:

On Monday, #29 for Issaquah plays in 2 quarters against Bellevue JV and 2 quarters against Mercer Island Varsity.

RULING: Legal – 1 contest (still 4 quarters on same day)

Scenario D:

On Monday, #29 for Issaquah plays in 2 quarters against Mercer Island JV. On Tuesday, #29 for Issaquah plays 2 quarters against Mercer Island Varsity.

RULING: Legal – 1 contest (4 quarters against same program in same week)

Scenario E:

On Monday, #29 for Issaquah plays in 2 quarters against Bellevue JV. On Tuesday, #29 for Issaquah plays 2 quarters against Mercer Island Varsity.

RULING: Legal –but now appeared in 2 contests (different program, different day)

Scenario F:

On Monday, #29 for Issaquah plays in 3 quarters against Mercer JV. On Tuesday, #29 for Issaquah plays 2 quarters against Mercer Island Varsity.

RULING: Legal –but now appeared in 2 contests (same program, but more than 4 quarters)