

Washington High School Boys Lacrosse Association

2022 Regional Coaches Meeting

Meeting Agenda

1. Attendance

- a. Introduce any new coaches to the group

2. WHSBLA Points of Contact

- a. Region 2 Rep: KingCo – Brandon Fortier
- b. At-Large 2: Ian O’Hearn
- c. Executive Secretary: Catie Larsen
- d. WHSBLA President: Chad Mitchell

3. Finalizing Schedules

- a. There will be a hold on changes February 6th until they can be imported into Arbiter
- b. Adding Sub-Varsity games → If total of Varsity and JV is over 20 must pay JV Fee

4. 2022 Rules Interpretation – embedded on COACHES INFO page

<https://www.nfhs.org/sports-resource-content/boys-lacrosse-rules-changes-2022/>

- [Shoulder pads – NOCSAE certified](#)
- [A pelvic protector is now required](#)

5. 2022 Season Due Dates

- a. Due Today - completed PRESEASON PACKET (includes MEMBERSHIP FEES)
- b. Due by Wednesday, February 23, 2022
 - i. Compliance File Emailed in SINGLE PDF to Region Rep
- c. Due by March 1, 2022
 - i. GAME FEES (Check made out to WHSBLA) for all HOME games
 - ii. **Mail to: Catie Larsen (24930 SE 200th St, Maple Valley, WA 98038)**
- d. Sportability Accounts - rosters must be posted BEFORE first game: Email fortier43@hotmail.com if need access
- e. Due by Monday, March 14th, 2022
 - i. Official Program Rosters emailed to Region Rep
 - ii. Use EXCEL TEMPLATE available on league website under COMPLIANCE
<http://www.whsbla.org/Page.asp?n=82931&org=whsbla.org>

6. COMPLIANCE FILE Walkthrough

US Lax Membership – Print Membership Card Login - <https://login.uslacrosse.org/login/login>

Scroll down to DOWNLOAD MEMBERSHIP CARD → Download and save PDF

NCSI Background Check – Expiration now shows on member card!

Once logged in to your profile, use the red three bars icon, top left, to pull down a menu --> select BACKGROUND CHECK --> then scroll to bottom to START BACKGROUND CHECK

You will need to have a photo of a current/valid driver's license or passport to complete this portion so best to take a clear picture of one of these with your phone and send to yourself so you have on computer when you sit down to complete this.

It will take up to 10 days to process, once you see VALID on User Profile or GREEN LIGHT on the actual Background Check page you should now be able to print member card to include valid expiration.

US Lax Abuse Prevention:

Once logged in to your US Lacrosse account, select the drop down menu from top right and choose E-Learning

From the E-Learning page:

If you have already completed, choose MY COURSES, select the ABUSE PREVENTION course and download the certificate.

If you have not yet completed, click on the magnifying glass icon to search and type in ABUSE PREVENTION. Complete the course.

Concussion and SCA Certs: Must have completed since June 1, 2019 or later to be valid

Must login. Complete, print PDF certs. If already completed, use DASHBOARD to locate certs.

Concussion Course: <https://nfhslearn.com/courses/concussion-in-sports-2>

SCA: <https://nfhslearn.com/courses/sudden-cardiac-arrest>

CPR and FIRST AID CERT – Need BOTH

You must hold current certification, meaning valid through May 28, 2022.

7. Other Reminders and Need to Knows

- a. Webpage – make sure all info is current on your team page
 - i. Email fortier43@hotmail.com with all edits
- b. Game and Practice Reminders
 - i. Jamboree limited to weekend of 3/11-3/13, 1 day only, 100 minutes running clock
 - ii. 20 game max (excludes playoffs)
 - iii. Anything with an opponent is a contest and must be reported – if not on Sportability report it by sending email to fortier43@hotmail.com
- c. Sportability Access
 - i. Reporting Scores and Stats to Sportability
- d. EJECTIONS – must report, cannot appeal unless properly reported and video evidence
- e. US Lacrosse Awards – Area Chair

8. Q & A